

FOR YOUTH DEVELOPMENT

PROGRAMS FOR THE 2021-2022 SCHOOL YEAR ARE AVAILABLE FOR PRESCHOOL THROUGH MIDDLE SCHOOL AGED CHILDREN.

Gym and Swim

Physical and education opportunities specifically for those families who choose to educate their children at home.

- eight-week sessions, Wednesdays 1-3 PM
- Session 1 2021-2022 Sept 8 – Nov 3 (off Oct 13)

Before & After School Programs

Programs to meet the needs of children and parents to supplement education, and physical, emotional, & spiritual growth.

- available at all MSD of Martinsville Elementary locations and Bell Intermediate Academy, 6:30 AM-start of school and end of school to 6:00 PM
- Afterschool programming (including *Startup Smartup*-inspiring young entrepreneurs) at John R. Wooden Middle School, end of school to 6:00 PM

Y's Owl Preschool

- ages 3-5,
- extended care options available
- Includes swim lessons

Swimming Lessons

All ages-from infants to seniors-can learn to swim. Session dates coming soon!

Fall Break Camp

Monday-Friday
October 11th-15th

Thanksgiving Break

Wednesday and Friday
November 24th & 26th

Drop Off 6:30 AM
Pick Up 6:00 PM

Family Night

Friday, October 22nd
watch for more details

FOR HEALTHY LIVING

Cardio Flow w/Anita Breen Tuesdays and Thursdays, Come get your heart pumping at 9:30 AM with Cardio & stay for relaxing Flow at 10:00 AM.

Cycling Class watch for November session dates

MOSSA Group Power Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises.

Class times Mon-Wed-Fri 9:30 AM, Mon/Wed 7 PM, Tue/Thu 5 PM, Saturday Oct 9th and 23rd 9 AM.

BBJ YMCA 2021 5K Run/Walk Series The final location in the 5K Run/Walk Series: October 27 6 PM @ Bradford Woods.

Mooreville Fitness Classes

with Sharon Taylor @ One Place at Life Pointe Church 825 N. Indiana St., Mooreville Mondays & Fridays 9:00 AM MOSSA Group Power, 10:00 Strength & Cardio (with a short devotion-*al between classes for those who would like to participate*) *NEW* Tuesdays 6:15 PM PiYO. Classes are free for BBJ Y members. Punchcards can be purchased-5 classes for \$20.

Virtual Classes Looking for at-home workout variety?

YMCA360.org

Zoom Zumba* Mon-Thu 6:00PM

Y Strong & Lean M-W-F 8:30AM

Senior Fitness* Mon-Fri 11:00AM

(*Call for links 765-342-6688)

STRONGLIFE.ORG/LIVE-FITNESS

SILVERANDFIT.COM/WORKOUTS

Pickleball Combining elements of badminton, tennis and ping-pong. Mon - Sat 9:30 AM-NOON

Corporate Memberships Health and fitness benefit the employer with reduced health care costs, increased productivity & decreased absenteeism. To learn more about corporate memberships call 765-342-6688.

FOR SOCIAL RESPONSIBILITY

Community Table

Free Homemade Dinners
Thursday's 6:00 - 7:00 pm
Drive thru Distribution
at First Christian Church
of Morgantown
2717 S Morgantown Rd

Volunteer Opportunities

Looking to give back
in your community?
Call 765-342-6688 to volunteer.



Financial & Career Coaching Build a resume and practice interview skills, Create a family budget, Set a financial goal and steps to achieve it. To make an appointment email karen@bbjymca.org.

Promise Indiana Morgan County

helps build hope and a 529 plan for youth. For more information visit promiseindiana.iyi.org/morgancounty/



Discover the difference you can make with a YMCA Career

Imagine going to work everyday with the knowledge that you are impacting the lives of neighbors in your community in positive and rewarding ways. At the Y, not only will you discover the difference you can make in the lives of others, but you'll also discover that working for the Y is more than just a job.

Ready to join our team? Visit bbjymca.org/jobs to apply.

Lifeguards * Membership Desk * Before & After School Staff * Swim Instructor



SPORTS HIGHLIGHTS

YOUTH

Youth Lady Artesian Girls' Basketball

Registration through Oct 16th
Games: Saturdays @ MHS Fieldhouse beginning Nov 13th

Y Ball Registration Oct 11th-Nov 12th

ADULT

Pickleball Mon - Sat 9:30 AM -Noon

Volleyball starts Oct 12th

Tuesdays 7-9 PM

For more information or to register for programs visit bbjymca.org or the members' services desk



Read more news and events at bbjymca.org/news-and-events