

## FOR YOUTH DEVELOPMENT

PROGRAMS FOR THE 2021-2022 SCHOOL YEAR ARE AVAILABLE FOR PRESCHOOL THROUGH MIDDLE SCHOOL AGED CHILDREN.

### Gym and Swim

Physical and education opportunities specifically for those families who choose to educate their children at home.

- eight-week sessions, Wednesdays 1-3 PM
- Session 1 2021-2022 Sept 8 – Nov 3 (off Oct 13)
- We're hiring for Lifeguards

### Before & After School Programs

Programs to meet the needs of children and parents to supplement education, and physical, emotional, & spiritual growth.

- available at all MSD of Martinsville Elementary locations and Bell Intermediate Academy, 6:30 AM-start of school and end of school to 6:00 PM
- Afterschool programming (including *Startup Smartup*-inspiring young entrepreneurs) at John R. Wooden Middle School, end of school to 6:00 PM
- We're hiring for Before and After School Staff

### Y's Owl Preschool

- ages 3-5,
- extended care options available
- Includes swim lessons



### Swimming Lessons

All ages-from infants to seniors-can learn to swim. Session dates for Fall will be announced soon!

**Fall Day Camp**  
Register now for:  
**Fall Break Camp**  
Monday-Friday  
October 11th-15th  
**Thanksgiving Break**  
Wednesday and Friday  
November 24th & 26th  
Drop Off 6:30 AM  
Pick Up 6:00 PM

## FOR SOCIAL RESPONSIBILITY

### Community Table

Free Homemade Dinners  
Thursday's 6:00 - 7:00 pm  
Drive thru Distribution  
at First Christian Church  
of Morgantown  
2717 S Morgantown Rd

### Volunteer Opportunities

Looking to give back  
in your community?  
Call 765-342-6688 to volunteer.

**Financial & Career Coaching** Build a resume and practice interview skills, Create a family budget, Set a financial goal and steps to achieve it. To make an appointment email [karen@bbjymca.org](mailto:karen@bbjymca.org)

### 2021 Annual Golf Outing

**\*RESCHEDULED FOR:**

Friday, September 24th at Martinsville Golf Club.

All proceeds support the annual campaign, providing scholarships for camps, swim lessons, youth programming and memberships for all.

### Promise Indiana Morgan County

helps build hope and a 529 plan for youth.

For more information visit [promiseindiana.iyi.org/morgancounty/](http://promiseindiana.iyi.org/morgancounty/)

### 2021 Annual Gala

**\*SAVE THE DATE\***

Thursday, October 21st

More details to come about this exciting virtual event.

Read more news and events at [bbjymca.org/news-and-events](http://bbjymca.org/news-and-events)



Free Homemade Dinner for Everyone  
2717 S Morgantown Rd, Morgantown, IN 46160  
Thursday's 6-7 pm



## THE POOL IS OPEN

beginning Sept 1st. Lifeguards Needed  
Please call for specific swim times

## FOR HEALTHY LIVING

**Cardio Flow** w/Anita Breen Tuesdays and Thursdays, Come get your heart pumping at 9:30 AM with Cardio & stay for relaxing Flow at 10:00 AM.

**MOSSA Group Power** Using an adjustable barbell, weight plates, and body weight, Group Power combines squats, lunges, presses, and curls with functional integrated exercises.

Class times Mon-Wed-Fri 9:30 AM, Mon/Wed 7 PM, Tue/Thu 5 PM, Saturday Sept 5th and 19th 9 AM.

**BBJ YMCA 2021 5K Run/Walk Series** Run/Walk at beautiful Morgan County locations monthly, last Wednesday at 6 pm September 29 6 PM @ Jimmy Nash City Park

### Mooreville Fitness Classes

with Sharon Taylor @ One Place at Life Pointe Church 825 N. Indiana St., Mooreville Mondays & Fridays 9:00 AM MOSSA Group Power, 10:00 AM Strength & Cardio (with a short devotional between classes for those who would like to participate) \*NEW\* Tuesdays 6:15 PM PiYO. Classes are free for BBJ Y members. Punchcards can be purchased-5 classes for \$20.

**Virtual Classes** Looking for at-home workout variety?

Zoom Zumba\* Mon-Thu 6:00PM

Y Strong & Lean M-W-F 8:30AM

Senior Fitness\* Mon-Fri 11:00AM

(\*Call for links 765-342-6688)

[STRONGLIFE.ORG/LIVE-FITNESS](http://STRONGLIFE.ORG/LIVE-FITNESS)

[SILVERANDFIT.COM/WORKOUTS](http://SILVERANDFIT.COM/WORKOUTS)

**Pickleball** Combining elements of badminton, tennis and ping-pong.

Mon - Sat 9:30 AM-NOON

**Corporate Memberships** Health and fitness benefit the employer with reduced health care costs, increased productivity & decreased absenteeism. To learn more about corporate memberships call 765-342-6688.

## SPORTS HIGHLIGHTS

### YOUTH

#### BBJ YMCA Fall Soccer

Games: Saturdays @ MHS Soccer Fields  
Pictures: August 30th, 31st & Sept 1st

#### Youth Lady Artesian

#### Girls' Basketball

Registration begins Sept 8th

Games: Saturdays @ MHS

Fieldhouse beginning Nov 13th



### ADULT

**Pickleball** Mon - Sat 9:30 AM - Noon

**Volleyball** starts Oct 5th Tuesdays 7-9 PM

For more information or to register for programs visit [bbjymca.org](http://bbjymca.org) or the members' services desk